

# New Programs Promote Safety up High and on the Road

Safety is a big part of your training as a lineman, and Missouri Valley Line Constructors and Apprenticeship Training Program is committed to keeping you safe in every aspect of your job. Within the next few months, the program will offer special courses on lattice tower rescue and flagging.

## Lattice Tower Rescue Training is a Must for Today's Linemen

Thousands of miles of lattice towers are across the country, and more are being erected every day. Eventually, you'll find yourself doing maintenance on or constructing these massive steel structures. But would you know how to handle a rescue from one of these towers? "The angle lacing design of lattice towers presents a totally different set of challenges than utility poles do," explains Wes Roberson, assistant director of related training. "This course will educate apprentices on rescue techniques and the unique equipment required for safe and effective action. "Because it is difficult to simulate the conditions of a lattice tower rescue, training courses will take place on an actual lattice tower owned by the program."

### Flagging Training Will Protect You and the Public

At some point in your career, you may be asked to direct traffic while coworkers complete a job. "Flagging is not as easy as it looks," notes Roberson. "You simply can't jump into the middle of the road and start waving your arms around." The flagging course will teach apprentices the right way to do the job so everyone on the jobsite will be safe — the flag person, the crew, and the drivers and their passengers navigating through the area. "We're pleased to have two trainers on staff who are qualified to issue flagging certification to apprentices," adds Roberson.

"The reason for offering these specialized training courses is simple," explains Roberson. "Whether it's high above the ground on a lattice tower or fimly planted on a roadway, the more you are exposed to hazard, the more likely you are to have an accident, and that's something the program wants to help you avoid."

#### More About The Missouri Valley Constructors Apprenticeship & Training Program:

The apprenticeship program based in Indianola, Iowa, is one of seven locations operated by the organization. The others are in the states of Minnesota, Missouri, Nebraska, North Dakota, South Dakota and Wisconsin. The Iowa program occupies a training facility, which includes an outdoor pole yard. The Iowa program trains thousands of apprentice linemen each year.

#### For additional information, or to schedule a visit to our training facilities, contact

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#### MISSOURI VALLEY LINE CONSTRUCTORS APPRENTICESHIP & TRAINING PROGRAM

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